

Julia Buckroyd
Consulting

ATTACHMENT AND ITS RELEVANCE TO ADDICTIVE AND COMPULSIVE BEHAVIOUR

A CPD Workshop presented by
Professor Julia Buckroyd
Friday 5 February 2010

Cost £75
10.00am – 4.00pm at
Mill Green Golf Club, Gypsy Lane
Welwyn Garden City
AL7 4TY

Addictions and compulsions are notoriously difficult conditions to help in a counselling or social care setting. Drawing on the work of Allan Schore and other contemporary attachment theorists, Professor Buckroyd argues that the chronic and entrenched nature of these conditions suggests that they have a function, which is that of emotional regulation. Clients are very unlikely to surrender their strategies for emotional survival unless they can learn alternative means of managing their feelings. This workshop invites participants to consider the implications of this theory for clinical work and offers ways of working with this client group.

Julia Buckroyd is Emeritus Professor of Counselling at the University of Hertfordshire. She has spent the last 25 years working in the field of eating disorders and obesity trying to understand the deep rooted persistence of these behaviours. She believes that attachment theory offers a very promising route to effective interventions with clients presenting with all sorts of addictions and compulsions.

A 6 hour certificate of attendance for CPD purposes will be provided

All refreshments and a buffet lunch are included in the cost

Contact: Barbara Scott 07985 644335 or barbarascott27@googlemail.com

This document was created with Win2PDF available at <http://www.win2pdf.com>.
The unregistered version of Win2PDF is for evaluation or non-commercial use only.
This page will not be added after purchasing Win2PDF.